



True Hero



Free Pattern designed by Heidi Pridemore • Finished Size: 72-1/2" x 91" • Available Jan/Feb 2023 at Benartex.com

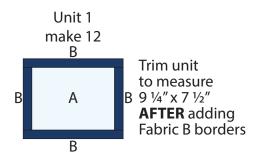
SAMPL	E	KEY/SKU	QTY	CUT CUT PIECES VIA WOF
	A	True Hero Boxes 14145-56 Multi	2/3 yd	Fussy cut (12) 7-3/4" x 6" rectangles, each centered on a block.
	B	Superior Solids 3000B-54 <i>Navy</i>	3/4 yd	 (4) 2" x WOF strips. Sub-cut (24) 2" x 6" strips. (8) 2" x WOF strips. Sub-cut (24) 2" x 10-3/4" strips.
	С	Small Flags 14152-54 <i>Medium Blue</i>	2/3 yd	 (5) 1-1/2" x WOF strips. Subcut (24) 1-1/2" x 7-1/2" strips. (8) 1-1/2" x WOF strips. Subcut (24) 1-1/2" x 11-1/4" strips.
	D	Superior Solids 3000B-10 <i>Red</i>	1-7/8 yds	 (8) 1-1/2" x WOF strips.* (9) 1-1/4" x WOF strips. Sew strips together end to end with diagonal seams and cut (6) 1-1/4" x 56-1/2" strips. (6) 1-1/8" x WOF strips. Subcut (24) 1-1/8" x 9-1/2" strips. (8) 1" x WOF strips. Sub-cut (24) 1" x 12-1/2" strips. (9) 2-1/2" x WOF strips, BINDING.
	E	Patriotic Hearts 14149-54 <i>Medium Blue</i>	1/4 yd	(1) 5-1/2" x WOF strip. Sub- cut (4) 5-1/2" squares.
	F	Patriotic Stars 14151-56 <i>Navy</i>	1/2 yd	(5) 3" x WOF strips. Sub-cut (64) 3" squares.
	G	Superior Solids 3000B-09 <i>White</i>	3/4 yd	 (5) 3" x WOF strips. Sub-cut (32) 3" x 5-1/2" strips. (3) 3" x WOF strips. Sub-cut (32) 3" squares.
	Н	Flag Celebration 14150-54 <i>Medium Blue</i>	1/4 yd	(1) 5-1/2" x WOF strip. Sub- cut (4) 5-1/2" squares.
	I	Patriotic Stars 14151-09 White	1 yd	 (7) 1-3/4" x WOF strips.* (9) 1-1/2" x WOF strips. Sew strips together end to end with diagonal seams and cut (6) 1-1/2" x 56-1/2" strips.
	J	Patriotic Stripe 14147-99 <i>Multi</i>	1 yd	(3) 10" x WOF strips. Sew strips together end to end with diagonal seams and cut (2) 10" x 56-1/2" strips.
	K	True Hero Words 14148-54 <i>Medium Blue</i>	5 3/8 yd	(2) 5-1/2" x WOF strips. Sew strips together end to end with diagonal seams and cut (1) 5-1/2" x 56-1/2" strip.
	L	Patriotic Firewor 14146-56 <i>Navy</i>	^{·ks} 1-5/8 yds	(8) 6-1/2" x WOF strips.*

* SEW STRIPS VIA SHORT ENDS THEN GO TO BORDER ASSEMBLY WOF/LOF=WIDTH/LENGTH OF FABRIC

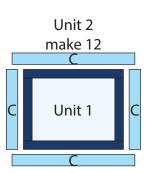
BLOCK ASSEMBLY PROJECT USES PRECISE 1/4" SEAMS. TEST YOUR SEAM ALLOWANCE BY CUTTING (2) 2-1/2" X 5" RECTANGLES. STITCH THEM TOGETHER ALONG THE 5" LENGTH. AT THE MIDPOINT, MEASURE ACROSS THE UNIT. IT SHOULD BE EXACTLY 4-1/2" WIDE. IF NOT, ADJUST YOUR SEAM ALLOWANCE AND REPEAT.

Pay attention to the unit orientations while assembling the various components.

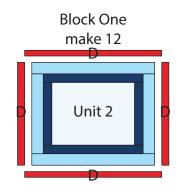
Sew (1) B 2" x 6" strip to each side of (1) A
 7-3/4" x 6" rectangle. Sew (1) B 2" x 10-3/4" to the top and to the bottom of the A rectangle to make (1)
 Unit 1 rectangle. Trim the unit to measure
 9-1/4" x 7-1/2". Repeat to make (12) Unit 1 rectangles total.



2. Sew (1) C 1-1/2" x 7-1/2" strip to each side of (1) Unit 1 rectangle. Sew (1) C 1-1/2" 11-1/4 strip to the top and to the bottom of the Unit 1 rectangle to make (1) Unit 2 rectangle. Repeat to make (12) Unit 2 rectangles total.



3. Sew (1) **D** 1-1/8" x 9-1/2" strip to each side of (1) **Unit 2** rectangle. Sew (1) **D** 1" x 12-1/2" strip to the top and to the bottom of the **Unit 2** rectangle to make (1) 12-1/2" x 10-1/2" **Block One** rectangle. Repeat to make (12) **Block One** rectangles total.

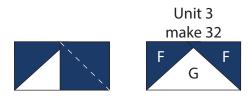


4. Place (1) **F** 3" square on the left side of (1) **G** 3" x 5-1/2" strip, right sides together. Sew across the diagonal of the square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a $\frac{1}{4}$ " seam allowance.

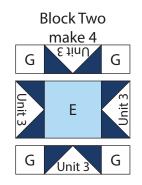


5. Place another **F** 3" square on the right side of the **G** 3" x 5-1/2" strip, right sides together. Sew across the diagonal of the square from the upper left corner to the lower right corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make (1) **Unit 3** strip.

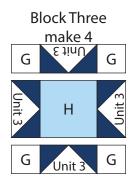
6. Repeat **Steps 4-5** to make (32) **Unit 3** strips total.



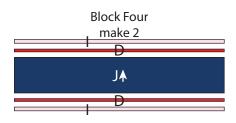
7. Sew (1) G 3" square to each end of (1) Unit 3 strip to make the top row. Repeat to make the bottom row. Sew (1) Unit 3 strip to each side of (1) E 5-1/2" square to make the middle row. Sew together the (3) rows lengthwise to make (1) 10-1/2" Block Two square. Repeat to make (4) Block Two squares total.



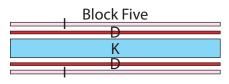
8. Sew (1) G 3" square to each end of (1) Unit 3 strip to make the top row. Repeat to make the bottom row. Sew (1) Unit 3 strip to each side of (1) H 5-1/2" square to make the middle row. Sew together the (3) rows lengthwise to make (1) 10-1/2" Block Three square. Repeat to make (4) Block Three squares total.



9. Sew (1) **D** 1-1/4" x 56-1/2" strip to the top and to the bottom of (1) **J** 10" x 56-1/2" strip lengthwise. Sew (1) **I** 1-1/2" x 56-1/2" strip to the top and to the bottom of the newly sewn strip lengthwise to make (1) 13-1/2" x 56-1/2" **Block Four** strip. Repeat to make a second **Block Four** strip.



10. Sew (1) **D** $1-1/4" \ge 56-1/2"$ strip to the top and to the bottom of (1) **K** $5-1/2" \ge 56-1/2"$ strip lengthwise. Sew (1) **I** $1-1/2" \ge 56-1/2"$ strip to the top and to the bottom of the newly sewn strip lengthwise to make (1) $9" \ge 56-1/2"$ **Block Five** strip.

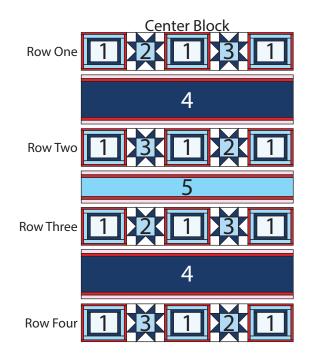


QUILT ASSEMBLY

11. Sew together (1) Block One rectangle,
(1) Block Two square, (1) Block One rectangle,
(1) Block Three square and (1) Block One rectangle, end to end and in that order from left to right, to make Row One. Repeat to make Row Three.

12. Sew together (1) Block One rectangle,
(1) Block Three square, (1) Block One rectangle,
(1) Block Two square and (1) Block One rectangle, end to end and in that order from left to right, to make Row Two. Repeat to make Row Four.

13. Sew together Row One, (1) Block Four strip,
(1) Row Two, (1) Block Five strip, (1) Row Three,
(1) Block Four strip and (1) Row Four strip,
lengthwise and in that order from top to bottom, to
make the 56-1/2" x 75" Center Block.



BORDER ASSEMBLY MEASURE WIDTH AND LENGTH OF THE QUILT TOP TO ENSURE I, D AND L BORDER SIZES, BELOW ARE OUR CUTTING SIZES.

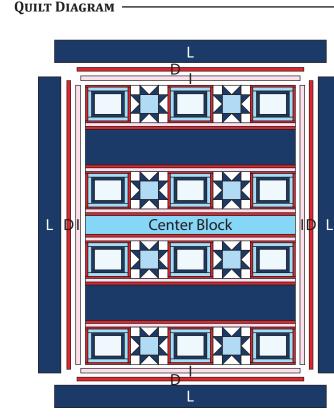
14. Sew (1) I 1-3/4" x (75") strip to each side of the **Center Block**. Sew (1) I 1-3/4" x (59") strip to the top and to the bottom of the **Center Block**.

15. Sew (1) **D** 1-1/2" x (77-1/2") strip to each side of the **Center Block**. Sew (1) **D** 1-1/2" x (61") strip to the top and to the bottom of the **Center Block**.

16. Sew (1) **L** 6-1/2" x (79-1/2") strip to each side of the **Center Block**. Sew (1) **L** 6-1/2" x (73") strip to the top and to the bottom of the **Center Block** to make the quilt top.

FINISHING Cut batting and backing 3" larger than top on all sides. Layer backing, batting and top together and baste or pin. When quilting is completed, trim excess batting and backing. Bind as usual.

FINISHED SIZE: 72-1/2" x 91"



Note: If this Benartex pattern is included in a kit, any questions about the kit should be addressed to the vendor from whom you bought it.