

free pattern

Benartex

KANVAS

MY HERO







My Hero

Finished size: 67" x 76"

Free pattern designed by Matthew Pridemore

Pattern Revised 02/29/2024

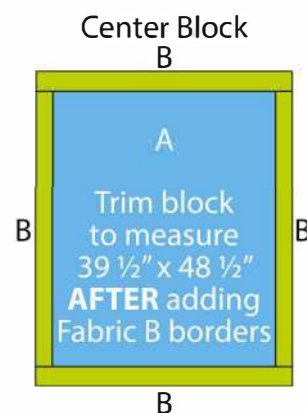
SAMPLE	KEY/SKU	QTY	CUT	CUT PIECES VIA WOF
	A My Hero Panel 14276-99 Multi	1 panel	Fussy cut (1) 34-1/2" x 42-1/2" rectangle, centered on the panel.	
	B Pop Dot 14281-44 Green	1-2/3 yds	(2) 4" x 40-1/2" WOF strips. (2) 3-1/2" x 42-1/2" WOF strips, piece as needed. (6) 2-1/2" x WOF strips.* (8) 2-1/2" x WOF strips, BINDING.	
	C My Hero Words 14280-12 Black	1/4 yd	(1) 6-1/2" x WOF strip. Sub-cut (4) 6-1/2" squares.	
	D Pop Star 14284-09 White	1/2 yd	(2) 3-1/2" x WOF strips. Sub-cut (16) 3-1/2" squares. (2) 3-1/2" x WOF strips. Sub-cut (8) 3-1/2" x 6-1/2" strips.	
	E Pop Dot 14281-37 Orange	1/2 yd	(2) 3-1/2" x WOF strips. Sub-cut (24) 3-1/2" squares. (2) 3-1/2" x WOF strips. Sub-cut (12) 3-1/2" x 6-1/2" strips.	
	F My Hero Words 14280-09 White	1/2 yd	(2) 3-1/2" x WOF strips. Sub-cut (16) 3-1/2" squares. (2) 3-1/2" x WOF strips. Sub-cut (8) 3-1/2" x 6-1/2" strips.	
	G Pop Dot 14281-84 Turquoise	1/2 yd	(2) 3-1/2" x WOF strips. Sub-cut (24) 3-1/2" squares. (2) 3-1/2" x WOF strips. Sub-cut (8) 3-1/2" x 6-1/2" strips.	
	H Hero Masks 14285-12 Black	1/2 yd	(2) 3-1/2" x WOF strips. Sub-cut (16) 3-1/2" squares. (2) 3-1/2" x WOF strips. Sub-cut (8) 3-1/2" x 6-1/2" strips.	
	I Pop Dot 14281-33 Yellow	1/2 yd	(2) 3-1/2" x WOF strips. Sub-cut (16) 3-1/2" squares. (2) 3-1/2" x WOF strips. Sub-cut (8) 3-1/2" x 6-1/2" strips.	
	J Pop Star 14284-56 Dark Royal	1/2 yd	(2) 3-1/2" x WOF strips. Sub-cut (16) 3-1/2" squares. (1) 3-1/2" x WOF strip. Sub-cut (4) 3-1/2" x 6-1/2" strips.	
	K Super Heroes 14286-56 Royal	1-7/8 yds	(2) 6-1/2" x 64-1/2" LOF strips. From the remaining fabric, cut (2) 6-1/2" x 67-1/2" WOF strips, piece as needed.	

* SEW STRIPS VIA SHORT ENDS THEN GO TO BORDER ASSEMBLY
WOF/LOF=WIDTH/LENGTH OF FABRIC

BLOCK ASSEMBLY *PROJECT USES PRECISE 1/4" SEAMS. TEST YOUR SEAM ALLOWANCE BY CUTTING (2) 2-1/2" X 5" RECTANGLES. STITCH THEM TOGETHER ALONG THE 5" LENGTH. AT THE MIDPOINT, MEASURE ACROSS THE UNIT. IT SHOULD BE EXACTLY 4-1/2" WIDE. IF NOT, ADJUST YOUR SEAM ALLOWANCE AND REPEAT.*

Note: The arrows in the figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.

1. Sew (1) B
3-1/2" x 42-1/2" strip to each side of the **A** 34-1/2" x 42-1/2" rectangle. Sew (1) **B** 4" x 40-1/2" strip to the top and to the bottom of the **A** rectangle to make the Center Block. **Trim the block to measure 39-1/2" x 48-1/2".**

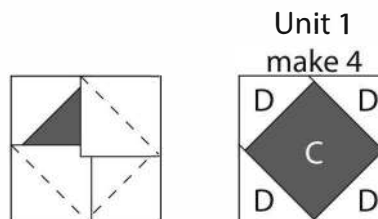


2. Place (1) D 3-1/2" square on the top left corner of (1) **C** 6-1/2" square, right sides together. Sew across the diagonal of the smaller square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam.



3. Follow the diagram below for the seam direction to add a D 3-1/2" square to each of the remaining corners of the **C** 6-1/2" square to make (1) **Unit 1** square.

4. Repeat Steps 2-3 to make (4) Unit 1 squares total.

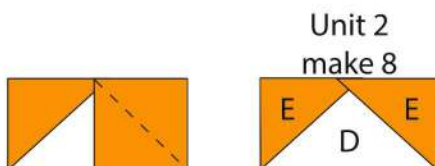


5. Place (1) **E** 3-1/2" square on the left side of (1) **D** 3-1/2" x 6-1/2" strip, right sides together. Sew across the diagonal of the square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance.

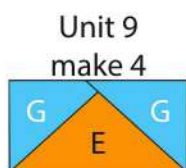
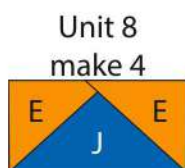
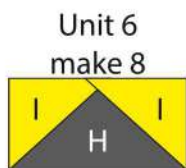
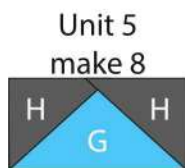
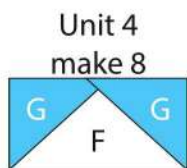
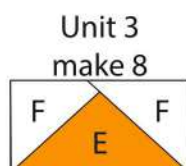


6. Place another **E** 3-1/2" square on the right side of the **D** 3-1/2" x 6-1/2" strip, right sides together. Sew across the diagonal of the square from the upper left corner to the lower right corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make (1) **Unit 2** strip.

7. Repeat **Steps 5-6** to make (8) **Unit 2** strips total.



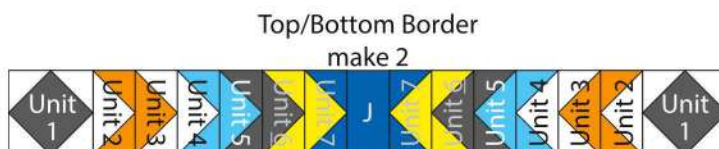
8. Repeat **Steps 5-6** and refer to the diagrams for fabric identification, placement and seam direction to make the indicated number of each unit strip for **Unit 3** through **Unit 9**.



9. Follow the diagram and sew together (16) assorted unit strips lengthwise to make (1) **Side Border**. Repeat to make a second **Side Border**.



10. Sew together (1) **Unit 1** square, (6) assorted unit strips, (1) **J** 3-1/2" x 6-1/2" strip, (6) assorted unit strips and (1) **Unit 1** square, in that order from left to right, to make the **Top Border**. Repeat to make the **Bottom Border**.



QUILT ASSEMBLY

11. Sew (1) **Side Border** to each side of the **Center Block**.

12. Sew the **Top Border** and the **Bottom Border** to the top and to the bottom of the **Center Block**.

BORDER ASSEMBLY *MEASURE WIDTH AND LENGTH OF THE QUILT TOP TO ENSURE B AND K BORDER SIZES, BELOW ARE OUR CUTTING SIZES.*

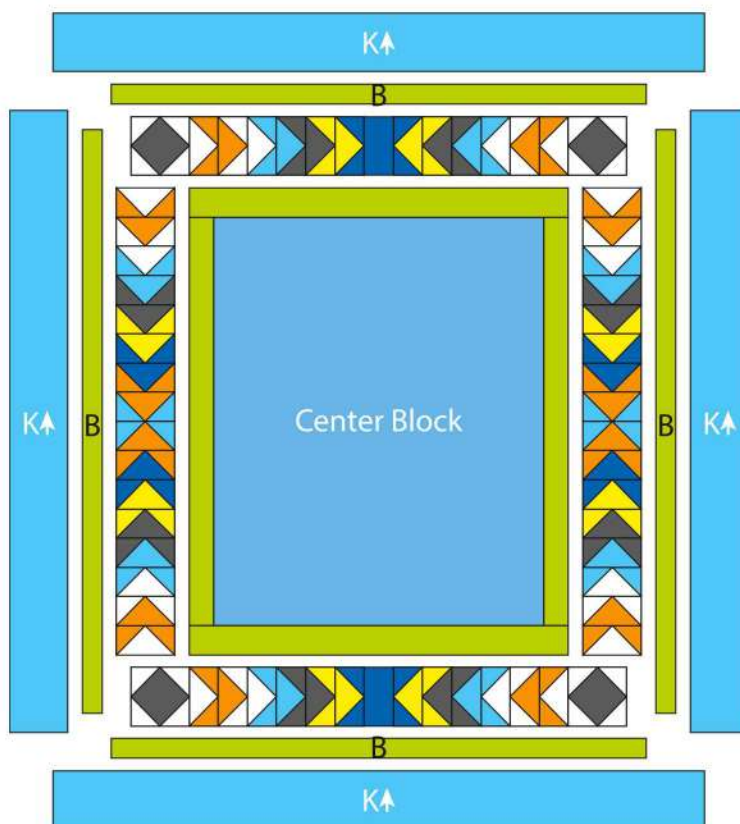
13. Sew (1) **B** 2-1/2" x (60-1/2") strip to each side of the **Center Block**. Sew (1) **B** 2-1/2" x (55-1/2") strip to the top and to the bottom of the **Center Block**.

14. Sew (1) **K** 6-1/2" x (64-1/2") strip to each side of the **Center Block**. Sew (1) **K** 6-1/2" x (67-1/2") strip to the top and to the bottom of the **Center Block** to make the quilt top.

FINISHING Cut batting and backing 3" larger than top on all sides. Layer backing, batting and top together and baste or pin. When quilting is completed, trim excess batting and backing. Bind as usual.

FINISHED SIZE: 67" x 76"

QUILT DIAGRAM



Note: If this Benartex pattern is included in a kit, any questions about the kit should be addressed to the vendor from whom you bought it.