## free paltern

## Follow Your Heart




## BLOCK ASSEMBLY: Refer to BLOCK DIAGRAMS

1. Sew (1) E1 strip to each side of (1) A1 square, then sew (1) E2 strip to top and bottom to create BLOCK 1A. Square to 12-1/2", make (6).
2. Repeat Step 1 using B1 square with E1 and E2 strips to create BLOCK 1B. Square to 12-1/2", make (12).
3. Draw diagonal line on the wrong side of all $\mathbf{F 1}$ and $\mathbf{G 1}$ squares.
4. Place (1) F1 square on the upper left and lower right corners of (1) C1 square. Sew on drawn lines, then trim excess to $1 / 4$ " and press open. Repeat on opposite corners with $\mathbf{G 1}$ squares to complete BLOCK 2A. Square to 12-1/2". Make (4).

5. Repeat Step 4 using squares shown in diagrams to create remaining blocks. Square all to 12-1/2', make number indicated.

BLOCK 2A
3.

make (4)


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BLOCK 2B
make (4)


BLOCK 2C
make (1)


BLOCK 3A
make (2)


BLOCK 3B
make (2)
BLOCK 3C
make (2)



BLOCK 3D
make (2)


QUILT ASSEMBLY: Refer to QUILT DIAGRAM for proper block placement and rotation.
6. Sew blocks together into rows, then sew rows together.

ROW 1: 1A-2A-1B-2B-1A
ROW 2: 2A-1B-3A-1B-2B
ROW 3: 1B-3B-1A - 3C - 1B
ROW 4: 3D-1B-2C-1B-3D
ROW 5: 1B-3C-1A - 3B-1B
ROW 6: 2B-1B-3A-1B-2A
ROW 7: 1A-2B-1B-2A-1A

BORDER ASSEMBLY: Measure width and length of quilt top to ensure border cutting sizes. Below are our measurements
7. Sew (1) $\mathbf{G}$ (Red version) or $\mathbf{F}$ (Blue version) $1-1 / 2^{\prime \prime} X\left(84-1 / 2^{\prime \prime}\right)$ strip to each side of quilt, then sew (1) $\mathbf{G}$ (Red version) or $F$ (Blue version) $1-1 / 2^{\prime \prime} X\left(62-1 / 2^{\prime \prime}\right)$ strip to top and bottom of quilt.

FINISHING:
Cut batting and backing $3^{\prime \prime}$ larger than top on all sides. Layer backing, batting and top together and baste or pin. When quilting is completed, trim excess batting and backing. Bind with E fabric.

Note: If this Benartex pattern is included in a kit, any questions about the kit should be addressed to the vendor from whom you bought it.

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G 1-1/2" X 62-1/2"


